To whom it may concern

I was introduced to the BOWEN METHOD in a free 15 minute session at the end of September 2008 and subsequently went to have six more treatments each of an hour's duration. The treatment was for pain in the groin which went into my hip and down to a burning pain in my knee. I have been immensely impressed with my improvement!! I am now pain free after more than 20 years of pain sometimes in the lower back, sometimes in hip joints. The BOWEN METHOD is gentle and thorough. The muscles get realigned and the body begins to correct bad habits and to heal itself naturally. I am thrilled to discover the BOWEN METHOD as I cannot praise it enough. The practitioner, Keith Cherrington, has a mild manner which put me at my ease and his gentle manipulation and explanations were helpful, interesting and highly professional. I can recommend both him and the BOWEN METHOD whole-heartedly!

DIANA DIXON 26-11-2008